



Unit Outline (Higher Education)

Institute / School: Institute of Health and Wellbeing

Unit Title: Mental Health Systems

Unit ID: HEMTL6003

Credit Points: 15.00

Prerequisite(s): Nil

Co-requisite(s): Nil

Exclusion(s): Nil

ASCED: 061301

Description of the Unit:

This unit introduces students to the theories, legislation, policies and standards that provide the foundation for mental health practice within the context of Australia. Students will examine and develop an understanding of recovery-oriented care which is the contemporary approach to model of treatment and care in mental health. Students will be provided with an opportunity to develop their theoretical understanding of the factors that govern the scope of practice for mental health clinicians. Students will also examine and understand the key role of a mental health nurse in the multidisciplinary team, in providing high quality and safe care for individuals with mental illness

Grade Scheme: Graded (HD, D, C, P, MF, F, XF)

Work Experience:

No work experience

Placement Component: No

Supplementary Assessment: Yes

Where supplementary assessment is available a student must have failed overall in the Unit but gained a final mark of 45 per cent or above, has completed all major assessment tasks (including all sub-components where a task has multiple parts) as specified in the Unit Description and is not eligible for any other form of supplementary assessment.

Course Level:

Level of Unit in Course	AQF Level of Course						
	5	6	7	8	9	10	
Introductory					~		
Intermediate							
Advanced							

Learning Outcomes:

Knowledge:

- **K1.** Demonstrate an advanced understanding of the national recovery-oriented framework for the provision of mental health services and the recovery principles that support recovery-oriented mental health practice
- **K2.** Demonstrate advanced professional knowledge of mental health promotion, prevention, and early intervention strategies and methods as a key aspect of contemporary mental health system
- **K3.** Demonstrate an advanced understanding of the theoretical, legal and ethical frameworks for mental health practice

Skills:

- **S1.** Utilise advanced critical reflection skills to enhance clinical practice in mental health
- **S2.** Initiate, plan and implement approaches which support the rights of people with mental health issues and their carers to access and participate in their care and recovery

Application of knowledge and skills:

- **A1.** Interrogates the concepts of risk and safety from the basis of person centred care considering social protection, legal, moral and ethical principles to balance risk in recovery
- **A2.** Critically appraises the nature and extent of influences (social, political, economic and organizational) to address constraints in negotiation of options for nursing care
- **A3.** Develops and maintains partnerships in care with consumers and their families/carers which focuses on the person, their right to choice and self-determination, and their inherent capacity for recovery

Unit Content:

Topics may include: Structure and philosophy of the Australian Mental health System Contemporary Mental Health models of care and principles in the Acute and Community contexts Primary care in mental health Dual Diagnosis Mental Health the across the life span Law and Ethics in Mental Health Mental health of Aboriginal and Torres Strait Islander people

Learning Task and Assessment:

Learning Outcomes Assessed	Assessment Tasks	Assessment Type	Weighting
K1, K2, K3, A1	Application of understanding of therapeutic interventions and legal frameworks in mental health care 2 x selfmarking quizzes (simple and extended multiple/multichoice items based on unit content)	Online MCQ	20-40%
K1, K2, K3, S1, S2, A1, A2, A3	Reflective contribution to an academically facilitated discussion forum on policy and legislation in the treatment and care of people with mental illness	Online Engagement (fortnightly posts and critique responses to posts)	10-30%



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	Application of understanding of mental health care with diverse populations to contemporary case scenarios	Critical reflection on each of a set of clinical case scenarios	40-60%

Adopted Reference Style:

APA ()

Refer to the <u>library website</u> for more information

Fed Cite - referencing tool